

## Orthodontic Retention Consent

You have completed a course of orthodontic treatment and are moving on to the retention phase of treatment. It is essential that you wear your retainers as advised by your orthodontist in order to prevent your teeth starting to drift back to where they started. Please note the following and sign at the foot of the page:

- We can provide you with the equipment (fixed and removable retainers) but it is your responsibility to use them as instructed in order to prevent movement of your teeth
- Please wear your retainers as follows:
  - Full time for 1 week (except eating/drinking)
  - Every night for 12 months
  - 2-3 nights per week indefinitely
- Teeth are never guaranteed not to move unless you wear the retainers. They continue to move throughout your life whether you have had braces or not. You will therefore need to wear your retainers at least 2-3 times a week indefinitely, after the first year of wearing every night.
- If you have any concerns with your retainers (breakages/ losing them etc) please contact us immediately
- We guarantee your retainers for 12 months for any defects, with a Virtual/Telephone follow up at 3 months and a clinical review and sign off at 12 months.
- Any repairs or replacements after this period will be chargeable, or within 12 month if they are not cared for reasonably
- Keep the retainers clean with soap, warm water and a toothbrush. Do not use hot water or toothpaste

I confirm that I am happy to complete treatment current orthodontic treatment and move onto the retention phase of orthodontics and will wear my retainers as instructed and accept that my teeth will move if I do not

Signed \_\_\_\_\_

Print Name \_\_\_\_\_