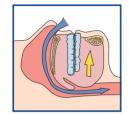
Clinically proven, The MSi appliance (Mandibular Snoring Inhibitor) provides an effective treatment for snoring and mild to moderate obstructive sleep apnoea. The appliance positions the lower jaw forward, opens up the throat and restores the airflow.

Blocked airway causes snoring and obstructive sleep apnoea



Anti-snoring appliance opens up the airway



# FREQUENTLY ASKED QUESTIONS

# **HOW DO I QUALIFY FOR THE MSi?**

Your dentist will carry out a consultation which involves an overall oral health check and a questionnaire to establish your level of snoring and risk of obstructive sleep apnoea. The MSi is suitable for all adults; male or female, young and old.

#### AM LAT RISK OF OBSTRUCTIVE SLEEP APNOEA?

A questionnaire is provided to help establish if you are at risk of OSA. Your dental practitioner may refer you to your GP. Although the MSi can be prescribed to an OSA sufferer, it is recommended that an overnight sleep study is carried out by a medical professional to fully diagnose the severity of the condition.

# WHEN WILL I STOP SNORING?

The MSi is adjusted to posture the lower jaw forward in small increments. When the appliance has been adjusted to the correct position, you will have a clear airway and snoring will cease. To ensure optimum comfort for the wearer, the adjustments of the device should be gradual. As all wearers are different, the desired results can happen at different times.

# IS AN ANTI-SNORING APPLIANCE HARMFUL?

The MSi is completely safe. Made from medical grade materials, the MSi has been clinically trialled and approved by hundreds of patients.

#### **HOW DO I CLEAN IT?**

Your dentist will advise you on the correct cleaning routine. However, do not use toothpaste as it can be abrasive and scratch the surface of your appliance – leaving spaces for bacteria to grow.







FALL IN LOVE
WITH SLEEP AGAIN

ASK YOUR DENTIST ABOUT ANTI SNORING SOLUTIONS TODAY



# WHAT IS SNORING? \_

Snoring occurs when the airflow is partially obstructed at the back of the throat, causing noisy vibrations during sleep. In many cases snoring doesn't wake the snorer, it disturbs the person who shares the same room or living space.

# WHAT IS OBSTRUCTIVE SLEEP APNOEA?

Obstructive sleep apnoea is a serious condition which occurs when the throat muscles relax and completely close the airway at various intervals during sleep. Each time this happens, breathing is eventually resumed with an involuntary gasp for air.

Obstructive sleep apnoea can have severe side effects on the sufferer's everyday life including feeling exhausted, wanting to doze off at any time and an inability to concentrate.



The MSi appliance (Mandibular Snoring Inhibitor) is specially designed with ease of use and comfort in mind. It fits over the teeth like a mouthguard.



The upper and lower parts become connected by a hook at the front which positions the lower jaw forward.

# EACH MSi IS TAILOR-MADE ESPECIALLY FOR YOU TO ENSURE:



Comfort - durable outer shell with a soft inner lining

- Allows side to side (lateral) movement
- Lips can close; no risk of dry mouth



**Precision** – adjusts to maintain the perfect jaw position



**Hygiene** – no plaque traps, all surfaces can be cleaned



**Performance** – exceptional durability – even with patients who grind their teeth at night



**Effectiveness** – The MSi has been clinically researched and are proven to work



**Safety** – The MSi is only made from the highest quality medically approved materials

